

THE BOBBIN

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September/October 2018

CHAIRMAN'S CHIRP

Hello again.

After a discussion at the last month's meeting the decision was made to continue the Bobbin but with much reduced content. The usual Chairman Chirp/Editor content as well as the Step-by-Step recipe from the last months tie as well as notice of the upcoming meeting and Tyer will form the backbone of the Bobbin. Stelios has kindly agreed to continue as Editor.

The other issue discussed was to reintroduce club getaways. Several members bemoaned the fact that DFT fishing week ends stopped. I was only a new member at the time and I only got to go on one outing before they stopped. The reason cited was a lack of support/commitment from club members. We are going to try revive this with your support. If you have any suggestions these will be gratefully received and considered.



Well the river season has started and it looks like with the recent rains and snow we are looking at a great river season with plenty of fish being caught. Promising reports of fish in the river in Underberg after a bleak few years is encouraging.

See you soon.

FROM THE EDITOR

Some of you would have noticed that there was no Bobbin emailed in September – and that this is a double month edition. A “bare” Bobbin was circulated on the Club whatsapp group with a notice indicating its imminent demise. This was done primarily to elicit a reaction from members regarding the future of the Bobbin. Surprisingly only 9 out of 33 members of the What'sApp group commented on the Bobbin being put to rest – despite all members having read the post – this is truly an indictment on club spirit!

As noted in the Chairman's Chirp above, the Bobbin will be trimmed down in terms of content – specifically that which can be gleaned from the internet oneself. This however does not preclude members from providing content for publication.

This Bobbin has the two last flies tied at club meetings as well as a few couple of articles that were lurking on my hard drive. Besides his write up of the fly he tied for us in August, Graeme Neary sent me an article he wrote for the Bobbin in 2012 – which is a freshwater counterpoint to his article on salt flies in the last Bobbin. And, for the first time, we have a fishing report – also from Graeme Neary who clearly does not want to see the Bobbin fade away. Take your cue from Graeme and write something up for the Bobbin – it is really simple, just ask him!



NEXT MEETING

1 October 2018 /19.00 for 19.30/ Room G1 Westville Library
Jaques Marais will be tying a Black Tailed nymph and Pheasant Tailed nymph

AUGUST TIE OF THE MONTH 'FINGER MULLET' – GRAEME NEARY

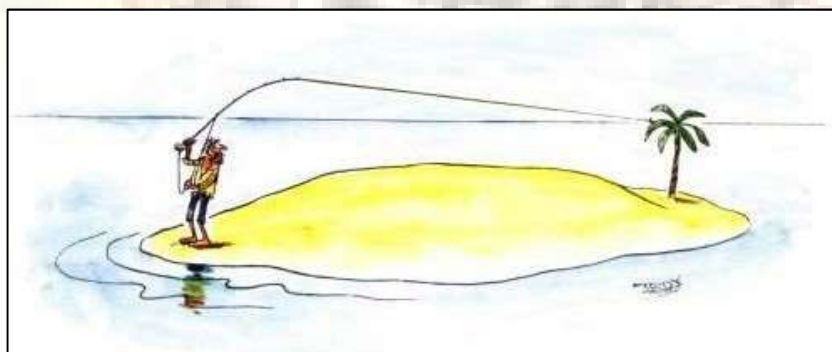
MATERIALS

- THREAD White or Tan
- HOOK # 2 (34007 or SL12 S or SC 15)
- EYES 7 mm flat stick on (can also be domed eyes)
- BODY MATERIAL Fishient SF fibre Shrimp
- HEAD Fishient Streamer brush ½ inch (2 inch brushes for bigger flies)
- SUPERGLUE GEL

The material list is for the fly tied on the evening, but this fly can be up or downsized or upsized as required.

METHOD

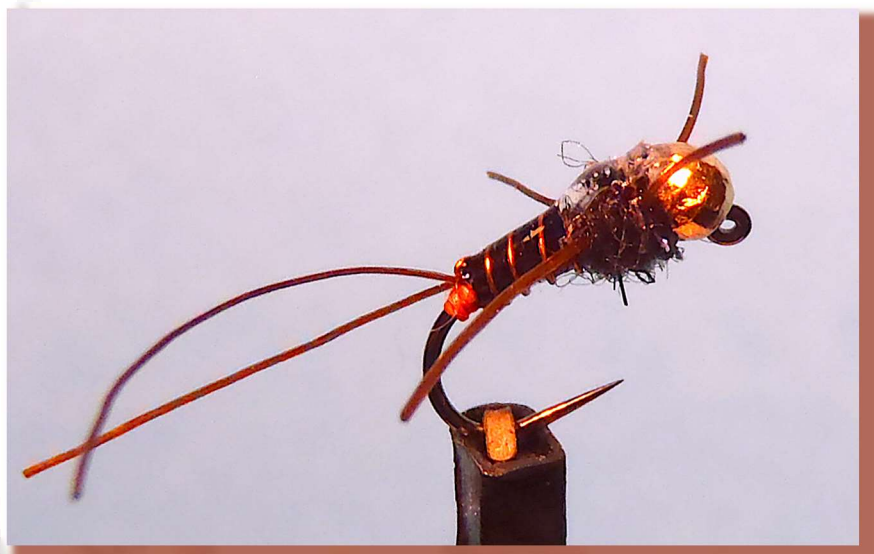
1. Dress hook with thread. Bring thread to approximately half way.
 2. Turn hook over and tie in a sparse bunch of SF to take the overall length to 2 to 2.5 times the hook shank. Turn hook right way up and tie in the same size bunch on top.
 3. Repeat above, tying in just ahead of the previous tie. At this stage you can trim the materials to a sort of bait fish shape .The fine tuning of the shape can be done at the end.
 4. Tie in a short piece of streamer brush at the junction of the body materials. This is now wound forward tightly to form the head. Tie off and cut excess.
 5. At this stage trim and fine-tune the shape as required.
 6. Place a small dot of GEL in position for the eye. Press eye in place and hold for a few seconds. Repeat on the other side.
- These flies can be tied in a range of different colours even making them two tone. If required you can put a bit of flash of your choice into them.



SEPTEMBER TIE OF THE MONTH 'THE GOLDEN GUN' – ANDREW MATHER

MATERIALS

- Tail and Legs: MFC sexi floss 0000 wt in brown
- Abdomen: Wapsi saltwater flashabou ice blue pearl (Code 1604)
- Thorax: Dubbing (brown/black or purple)
- Ribbing: Thin copper wire
- Lead wire to secure bead(0.015" to 0.020")
- Hot spot: Orange Fluorescent thread
- Head: Gold Tungsten bead
- Hook: Grip Jig hook #16 (code 14037BL)
- Thread: Semperfli nanosilk 18/0 (or thinnest you have)



METHOD

Step 1: Wrap 5 turns of lead wire behind bead. Pinch bead end of lead and slide into bead to lock it upright. Secure with superglue.

Step 2: Wrap thread on hook and tie in tail using sexifloss so that the tail forms a fork.

Step 3: Wrap some fluorescent thread or buzzer body to form a hot spot in front of tail.

Step 4: Tie in copper wire rib and strand of flashabou.

Step 5: Wrap up the abdomen with flashabou and tie off at bead. DO NOT CUT OFF.

Step 6: Colour top and side of flashabou with brown or black permanent marker. There will be some bleeding of the colour onto underside but don't worry.

Step 7: Rib abdomen with thin copper wire. Four segments is about right. Tie off copper wire and cut/break off.

Step 8: Hold Flashabou back and place sexi floss legs in. Try form a cross with legs.

Step 9: Use a very small bit of dubbing to build up thorax. Use dubbing to set legs in perfect X. One wrap behind back legs and two wraps between legs is usually all you need.

Step 10: Pull Flashabou forward to form wing case. Tie off and cut off.

Step 11: put a small drop of UV on a needle and cover wing case and top of abdomen over the copper wire wraps. Set UV. Trim legs and tail. Front legs must be shorter than back legs.

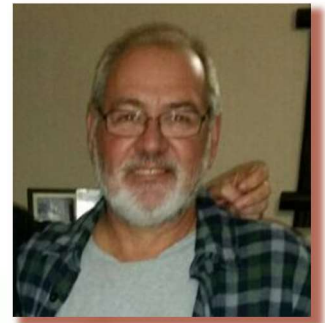
Fishing the GUN

Mainly fished in rivers but have heard of success in dams too. Fish it as a tandem EURO nymphing rig or under a dry fly as an indicator. I generally fish these on a New Zealand rig with a New Zealand strike indicator set at about 1 ½ time water depth. In clear water go down to #18 and #20's.

(EDITORS NOTE: A zipped report has it that in mid-September, on a certain river venue, 3 anglers landed 143 trout in a day – the largest being a brown of 49cm! Of the 143, only 8 were landed on flies other than the GUN! Apparently trout tremble when they hear GUN flies whistling overhead before they plop into the stream!)

“WHICH IS YOUR FAVOURITE FLY?” – GRAEME NEARY

In the last Bobbin I clearly exposed myself as a confirmed salty fly fisher but I really do enjoy a day out on a still water or river in search of a wee trout or two. In this article I will tell you about my choice flies for trout. I wrote this article for the Bobbin in 2012 after having a deep conversation with Laurence Davies (you only ever have deep conversations with him) regarding an article he had written for the Leader (FFA newsletter). His article was about his favourite flies and his reasons why. During the conversation he popped a question or two, one of which I decided required some serious thought. The question Laurence posed was ‘which is your favourite fly? What follows are my ramblings on my favourite trout fly and its hangers on.



WOOLLY WORM



The Woolly Worm is without a doubt my favourite. In black or peacock with a red or chartreuse tag or butt, red being more favoured.

Whether the tag/butt is a trigger, I don't know, but this fly works a treat. This is a tried and trusted John Beams fly and accounted for many fish for him. For me it has always done well in still water or river and I tie them in sizes 8 to 14. I have always kept to the old recipe and do not add any flash or sparkle at all and keep a few weighted ones.

The hackle being about 1.5 to 2 times the hook gape, once wet and flattened to the body seems to accentuate the segmented look and as Jack Blackman said in his book *Flies and Fly Fishing in South Africa*, it seems to represent anything and everything.

Why I mentioned hangers on earlier is because mostly when these types of questions are asked it is “which are your 5 favourite whatever’s”. So there are obviously a few back up friends in the dark and dingy corners of every fly box ever carried into the fields of battle so let me air some of my old feathers and fur. These flies are not listed in any order of preference as I don't think that is possible due to conditions and criteria at the time. Of the hangers on the most frequently reached for are Brewitt's Nymph, Hot Cat, Woolly Bugger and Hammil's Killer, rounding off so to say my 5 favourites.

THE BREWITT'S NYMPH



This is a fly which I think is a very close resemblance to a Damsel Nymph. I tied this pattern one evening before a trip to Brewitt's dam in the Mount West area with Bruce Curry and Pete Liebetrau.

This fly accounted for a good bag for me and I eventually passed a few around and it worked well for the others too. I casually called it the Brewitt's Nymph but Bruce went further after it worked for him on other occasions and named it the 5N.

NEARY'S NEFARIOUS NO NAME NYMPH.



Tied on a long shank hook # 8 to 12; in olive ice dub, a sparse olive marabou tail and a partridge shoulder feather as a wing case. I use a short jerky retrieve and fish it mostly in and around structure.

THE HOT CAT



Originally tied by the late Jack Blackman, this fly as far as I am aware, has never been available commercially.

The Hot Cat has come to my rescue many times on a day when pickings have been slim. Legend has it that one evening Jack was sitting at his tying desk, no doubt sipping on something good and puffing away on his pipe, spied his cat reclining on its favourite cushion dreaming of things fishy.

Down swooped Uncle Jack, scissors in hand and relieved the cat of a patch or two of ginger/light brown fur. This was deftly dubbed onto a squirrel tailed hook and had a hot orange

hackle attached. This was the only fly he ever claimed as his own and he fished it exclusively for one year and recorded good returns.

WOOLLY BUGGER



In black, olive or brown.

Not much can be added to what has already been said about this fly over many years.

I think I can say without contradiction most trout fishermen have cut their teeth on this fly.

Many little extras have been added over the years, such as bead chain eyes, brass or glass beads, flash of many colours, weighted and unweighted and on any size hook you can lay your hands on. It works equally well on a slow retrieve, on the drop or a fast strip.

HAMMIL'S KILLER



They originated in New Zealand and have become very popular in South Africa.

I started tying these once I realized how relatively uncomplicated they can be.

With only eight feathers a tad easier than Mrs. Simpson with twelve and Walkers Killer with eighteen. I tie them with various colour tails and have never worked out which colour the fish prefer. At the end of the day most of us fall into the trap of, it looks good to me, surely everything else will approve.

These flies have regularly hooked some really good fish for me.

I mostly fish them deep on a sinking line with a fast strip.

With the advent of the 4th Industrial Revolution, surely the time has come to tie drone flies to catch trout who behave this way!



FANTS, FADDISSES AND A LITTLE BIT OF A DAMSEL ON THE SIDE

DAVID WEAVER

One afternoon I went birding and was plagued by tiny black flying ants, they were everywhere, in numbers, swarms. I didn't manage to find the Yellow-Breasted Pipit that I was looking for but I had a mission for that night's tying, tiny black flying ants, with white wings. I had a guest from Hungary coming to fish Sterkies the weekend and I knew that if I did not have a few ant patterns we were going to miss out on some great catching.



FANT SWARMS

Having been a great follower of Ed Herbst's ant articles I knew that if the fish were hooked on "Formica" they would pay scant regard for any other pattern. But the problem still remained, how does one tie a wing on a #22 hook, how does one tie anything on a #22 hook. Examining the natural I realized that all that was needed was black floss, white wings and buoyancy. CDC was the answer to the latter 2 conundrums because I had black floss, and so was born the Fant. I simply built a head and thorax and tied in 2 white CDC feather tips between the head and thorax, F-fly style.

Peter Harsagyi aka Skeg (www.sexyloops.com) arrived with Zoran and Gerald on Friday night. They brought with them Unicom an herbal drink made from 17 herbs, on the first tasting I could not identify the different herbs but by the third shot my arms were twitching.

The next morning my arms had stopped twitching and my head was clear, clear enough to realize that the "Ledges" was not working and that we had to head across the dam to the "Quarry". As we were approaching the Quarry I realized 2 things, one, I have new respect for windscreens and two, there were swarms of ants, flying ants. The water was boiling with a "profusion of porpoising Pisces" and I had the flies. I proudly produced my box and indicated my new creations only to be informed that, "no we have lots of zat patterns"

What followed was one of the most memorable sessions we have had on the dam. The ratio of fish caught per cast was almost 1:1. The interesting thing is that Zoran was fishing with a double rig, the Good Dr's Foam Beetle and the Fant; the fish would nudge the beetle but only take the Fant.

I now won't venture onto the dam without a good supply of fants. The bad news is that the season for these small flying ants is over and we are heading into the large termite alates (alate means winged, usually referring to termites). So be warned for next season, make sure you have a few large flying termite patterns stashed in the darker regions of your box if you are heading this way in late February/March.

SKATING, FLOATING AND THE SPENT FADDIS

Faddis is an adoption of the F-fly and the caddis also known as the FCaddis. The east Europeans use CDC on everything, from delicate dries to weighted nymphs. Peter caught a few fish on this pattern after the fant madness had calmed down. Looking at our naturals along side the dam he selected a match from his box. It was one of the most buoyant, unsinkable patterns I have yet to see on the dam, oh and the fish also liked it. After landing this fly close to the bank it was allowed to "dead drift" for a few minutes and then it was "skated" across the water in preparation for the next cast. The line was never snapped up as this disturbs the fish in the "zone". If a bad cast was made it was fished with the same diligence as a perfectly landed "sexy loop". Fish were taken both on the dead drift and during the skating.

The revelation in this fly was when he demonstrated the tying process that evening. Clever, innovative and a method of tying that the backwaters of Harrismith have not yet seen. See pattern description.

The Caddis is a "fur-winged" insect, meaning that the wings are covered with fine hairs and not scales like a lot of the other winged insects. The CDC perfectly imitates this whereas the other materials that we used for tying the elk-hair caddis don't. Wings tied with CDC also don't cause the fly to spin in the cast, thus preventing terrible tangles. It floats gently down onto the water; not spooking the fish and a few false casts dries the fly after a fish is caught. Remember not to do these false casts over the "zone" rather do them sideways. Unlike the F-fly the Faddis has a CDC body, which aids in buoyancy and prevents this fly from sinking. It is very visible on the surface and if not, try taking your Polaroid's off. The resultant glare then provides a superb 'canvas' for your work of art. Even if the fish don't take the fly (which they will) there is nothing so all consuming and therapeutic as watching a perfectly presented dry fly on a drag free drift. Your imagination supplies the fish and your soul is rejuvenated

A LITTLE DAMSEL ON THE SIDE

At this time of the year the damsels are in profusion. So it goes without saying that it is a good fly to have in your "Sterkies" box.

I have identified 4 species of Damsels on Sterkies (when your bird list gets cluttered one starts ticking other creatures). The book that I use is Warwick and Michele Tarboton's. "A fieldguide to the Damselflies of South Africa". A superb guide to the adult damsels of our region. It does not however give you any information on color size or shape of the nymphal stage. I solved this problem by cross-referencing with "Aquatic Invertebrates of South African Rivers" and was able to find sizes, shapes and general coloration for our local damsels. The damsels that I have seen are all Bluets, Bluetails, Sprites and Malachites. All these damsels fall into two families, the Chlorolestidae and the Coenagrionidae. What is important to us is that both the nymphs of these two species have long slim bodies with 3 broad gills protruding behind the body. Their coloration is pale brown or green. They have pronounced eyes and are slow moving amongst vegetation and are slow swimmers.

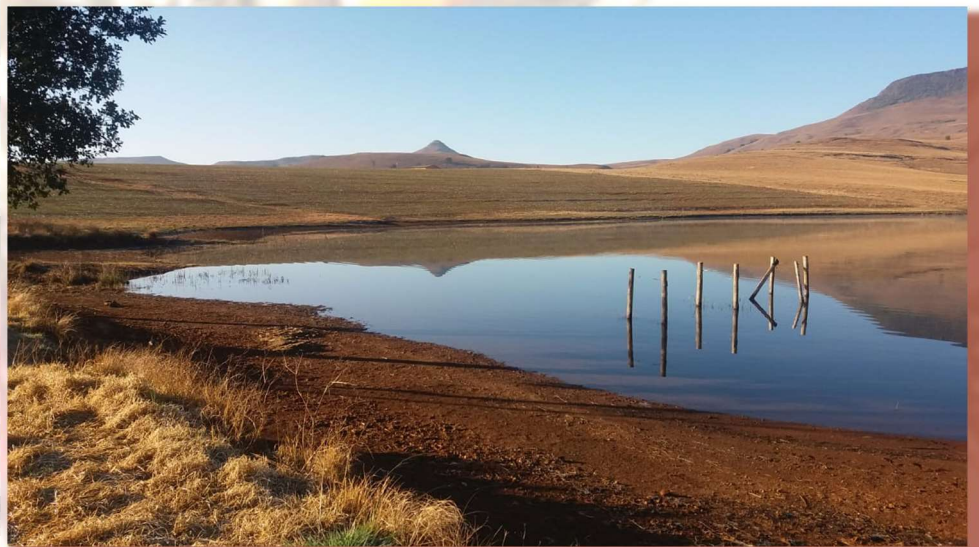
The trick is in the weighting, when using bead chain eyes the pattern tends to dip, nose down, which is very unlike the natural. We were looking for a pattern that would stay level in the water. This we have achieved by simply wrapping plastic coated copper wire as the body. Not having a Fly shop in our small town we buy this by the roll at the beading/craft shop, cheap, easy to use and the results are in the catching. The important factor is that this fly must be tied very sparse.

It is a great fly when fishing in areas of large weed beds and it is fished with a slow figure eight retrieve, with regular stops in between. A large Zak tied on a #10 long shank hook also does the trick more than adequately.

So the next time you are hurtling across the dam and you get that "windscreen" feeling, start searching for your Fants, and if the caddis are dancing the light fandango along the bank, reach for a Faddis. If all else fails, there is nothing quite like a sparsely dressed damsel on the side...of the weeds. If all else fails find solace in a perfectly drifted dry and let your mind do the rest.

FISHING REPORT- GRAEME NEARY

The 28th August dawned rather chilly. Not as much in Durban, but on arriving at our venue Uitzicht, in the Kamberg, the outside temperature was 2 deg C. This was at 7.15 and when we checked the temp of the water it was 9. The grass still crunching under our feet, let's rather say footwear, we proceeded to assemble our craft for the day, and savour a steaming mug of coffee. The dam is sitting at about 70 % at the moment which is still a good level. We noticed a few really good weed beds around with some well-defined channels. This is where we got most of our fish. The water was also very clean and calm as the wind hadn't picked up yet.



We got on the water at 7.45 and packed it in at 2.30 with a really good haul of fish. All rainbow hens from 35 cm to the biggest at 47 and Bruce got one of 52 cm. All the fish were exceptionally strong and very lively. Flies used ranged from the larger Woolly Buggers and Fritz Buggers to smaller nymphs and emerger.

Although the countryside is still very brown and dry we were treated to some spectacular bird life. Of the raptors, we saw Crowned Eagle Martial Eagle, Yellow Billed Kites and a lot of Vultures which come to feed at the feeding station over the hill from the venue.

It was a particularly special day for me as I was privileged to fish with Bruce Black for the first time. In my opinion Bruce is an authority on all facets of fishing, fresh and salt water and watching him there is just no fuss or fanfare. I thank him for this opportunity. I think dam levels are generally way better than last year and hope we get some good rainfall this season as well as some good snow falls.

ICONIC FLIES: LEFTY'S DECEIVER

South African fly fishermen hold the Lefty's Deceiver in high esteem for both fresh water species such as Tiger Fish and countless salt-water species.

If there are fish around and you just can't seem to connect, try a Deceiver. It's also a good low light or dirty water fly because it pushes a lot of water. The *Lefty's Deceiver* continues to be the standard in large saltwater baitfish patterns. There are now many variations of the fly and all have one common theme: a big, chunky and large profiled streamer. The Lefty's Deceiver works on everything that preys on baitfish, even Pike, Bass and large Trout. The Lefty's Deceiver can be tied in many colours, with the most popular being Blue/White, Green/White and Chartreuse/White.

Lefty Kreh, the creator of this fly, is one the most recognized fly fishermen in the world. In the late 1950s, striped bass populations in the Chesapeake Bay were healthy and Lefty Kreh pursued them on a regular basis along the lower Eastern shore of the bay. He and

his fishing partners faced a rather common issue with the big streamer flies of the time—feathers fouling around the hook. Saddle hackles secured near the eye of the hook, as was the common practice of the time, had a tendency to twist and foul around the hook bend during retrieves. Fouled flies rarely deceived the wily striped bass... But let's read Lefty's own words about what was to become the most famous pattern for saltwater fly fishing:

"I'm going to design a fly that won't foul on the cast! It will have a fish shape, but can be made in many lengths. You can vary the colour combinations; it will also swim well but when lifted for the back cast, it will be sleek and have little air-resistance. I only hoped it would work and didn't consider it might become a part of fly-fishing history."

The first Lefty's Deceivers were pretty simple. They were tied with a wing of four to eight saddle hackles tied in at the bend of the hook, and they had a simple buck tail or calf tail collar at the front of the hook. The fly was all white, which is still one of the best all-round colours. It may have been two or three years before I added other colours. As I recall the first colour change I made was to have a white wing and red collar. Other combinations followed. Usually it is tied in hook sizes ranging from #2 to #4 and the most popular colours are white and yellow with darker tones for the body (green, red, blue, pale blue), though sometimes totally black is used too. In Argentina, it has been used to fish for trout with good results; being tied in smaller sizes and darker colours. It's also a great fly when fishing for Golden Dorados, and it's been used in saltwater to catch other species such as anchovies.

<http://www.durbanflytyers.co.za/index.php/leftys-deceiver/>

<https://howtoflyfish.orvis.com/fly-tying-videos/salt-bass-streamer-flies/647-leftys-deceiver>

<http://intheriffle.com/fishing-videos/fly-tying/leftys-deceiver/>

https://en.wikipedia.org/wiki/Lefty%27s_Deceiver



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	Terry Andrews	083 2519264	81tbone@gmail.com
The Bobbin	Stelios Comninos	082 574 3722	stelios.comninos@gmail.com

MEMBERSHIP SUBSCRIPTIONS

Subscriptions for 2018 are now due and payable. At the AGM the subscription was raised marginally. Subscriptions are now as follows

Joining Fee	R220 senior R120 Junior
Senior Member	R240
Junior Member	R140
Family Member	R240 plus R50% of fee for each subsequent family member

Cash will only be accepted by Dave Smith at meetings of the DFT. All other payment to be made by EFT into the club bank account. No direct cash deposits.

Bank details

Bank: Standard Bank, Westville

Branch Code: 045 426. Account #: 053 189 647

Note: If you pay by EFT, please e-mail Dave Smith

smiffam@absamail.co.za with your proof of payment stating the type of members and the member(s) names.

QUICK LINKS

DURBAN SHOPS THAT STOCK FLY TYING MATERIAL

The Complete Angler	Shop 1 6 Village Rd Kloof, 3610, Tel 031 764 1488 <i>Superb freshwater selection of fly tying materials. Salty stuff too</i>
Kingfisher	http://www.kingfisher.co.za/shop.php <i>A wide selection of fly tying materials balanced more towards the salt</i>
The Fish Eagle	105 Victoria Rd, Pietermaritzburg, KwaZulu-Natal https://www.facebook.com/THEFISHEAGLE <i>Jan Korrubel runs this shop. Say no more!!!</i>

SOUTH AFRICAN ONLINE SHOPS

Frontier Fly Fishing	http://www.frontierflyfishing.co.za Situated at Coachman's Crossing, Centre, Peter Place, Bryanston, and Johannesburg.
Netbooks	http://www.netbooks.co.za The Home of Craig Thom
Stream X	http://www.streamxflyfishing.co.za
The African Fly Fisher	http://www.theafricanflyangler.co.za

KZN FLY FISHING GUIDES/CASTING INSTRUCTORS

Jan Korrubel	083 99 33 870 jlkorubel@gmail.com jan@wildfly.co.za Small streams and custom fly tying, casting
Grevin Price	082 896 3688 grevin@wildfly.co.za River and still water (including yellowfish)
Juan-Pierre Rossouw	076 208 5602 juan@wildfly.co.za River and still water (including yellowfish)
Leon Vermeulen	082 442 4846 / leon@wildbrowns.co.za River fishing
Graham McCall	793 033 735 Casting Instructor
David Weaver	083 303 4230 / eff@ohs.dorea.co.za All things about Sterkfontein: local knowledge, boat and or accommodation.
Jeremy Rochester	083 607 6100 Casting Instructor

KZN FLY FISHING AND FLY TYING CLUBS & ASSOCIATIONS

The Fly Fishers Association (FFA)	flyfishersassociation@gmail.com
The KZN Fly Fishing Association (KZNFFA)	http://www.kznffa.org/public/index.asp?pageid=847
The Natal Fly Fishing Club	http://www.nffc.co.za
FOSAF	http://www.fosaf.org.za
The Underberg and Himeville Trout Club (UHTFC)	http://www.uhtfc.co.za
Wildfly	http://www.wildflytravel.com/index.php?option=com_content&task=view&id=282&Itemid=451

WEATHER AND TIDES

Wind guru	http://www.windguru.cz/int/index.php?sc=4865
Real time Durban wind (esp. for Harbour)	http://fred.csir.co.za/windnet
Overall fishing conditions including tides and weather	http://www.tides4fishing.com/af/south-africa/durban

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Anniversary

HONEY

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NATURAL RAW HONEY FROM KWAZULU-NATAL

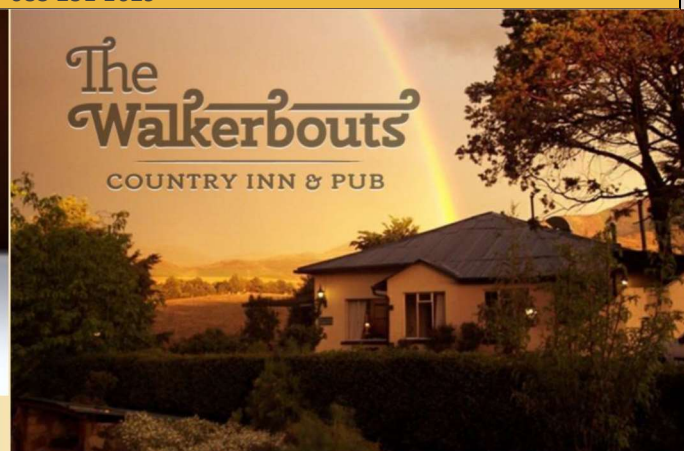
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